

design your story

We often scrapbook what has happened, but why not focus on what is to come? BY CATHY ZIELSKE

Documenting our stories is part of this wonderful hobby, right? We look at what has happened and commit those memories to our pages. But what about those things that haven't transpired? This column is all about manifesting our future hopes and dreams. Plus, it's a great way to include more of your story!



layout 1

SET SOME GOALS

I love to have lists of goals to inspire me! I decided to document a few things I'm hoping to do or try in the current year. Lists like these can be so fun to create. Some are work related. Some are home related. And some are personal goals. Plus, I tossed in a quick selfie to document me, right now, in the current year. It'll be fun to check back at year's end to see where I am with these ideas.

DESIGN TIP: Grids are so solid.

A grid of goals? Yes, please! I love this simple set up. You could also use a square punch to create several grids in different colours and hand-write those goals for your layout. Don't forget that picture of you!

DESIGN TIP: Mix and match.

A coordinated collection of patterned papers makes choosing and mixing patterns a breeze!

goals

supplies CARDSTOCK, PATTERNED PAPER: Close To My Heart; ELECTRONIC CUT FILE: CZ Design Digitals, Silhouette America; FONT: Avenir; ADHESIVE: Gina K. Designs, Scrapbook Adhesives by 3L

layout 2



STORY TIP: Repeat those lead-ins! Starting your sentence with the same phrase is a fun way to create a journaling list. Plus, it helps propel your writing! Brainstorm a list of things you're hopeful for today, and then download my free cut file for your next layout.

DESIGN TIP: Repeat yourself! Look for ways to reinforce your design by repeating elements. Here I have repeated flower stickers that coordinate with my patterned paper. I also repeated a simple notched corner at the top and bottom on the left side of the inner mat. These small details really pull a design together.

DESIGN TIP: Be bold! Bold the first few words of any journal block to add visual contrast. This creates separation and invites the reader into the experience.

FOCUS ON THE GOOD

What are your current hopes?

I will never tire of focusing on the positive and these thoughts deserve a place in my albums. Cultivating positivity through scrapbooking is a very life-affirming way to craft, don't you think?

hopeful

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hopeful